

Unity

Seeing Unity in Action

Take the children to a restaurant (even if you only observe) and point out the various people working together: the waiter, cook, cashier, and cleaners to name a few. The food has to be bought and prepared, the server has to take your order and serve you the food, and then someone has to take your money and clean away the mess. One person could not do all this work on their own! So everyone must be united.

Unity in a Garden

Choose a project everyone can work on together such as doing gardening, washing the car, or putting together a recycling system with labeled cardboard boxes. Give everyone a unique role and explain how you will only complete the project when you all work together. Each of you may do something different, but all are important and necessary.

Unity in Our Bodies

Hold a child's leg or arm and ask them to do something, such as jump or wave. All their body parts have to work together to do things. If one body part is held back, it is impossible to complete tasks. We must be united with our families, neighbors, or communities to make the world a better place.

Learning Something New in Unity

Practicing unity means not leaving anyone out and appreciating those around us. Have a puppet pretend they are playing on their own in a corner. Ask the children to invite the puppet to play with them. Then ask them to role play they are playing alone, and encourage them to go up to the puppet to ask him/her to play. We can practice unity by including others and also by joining in ourselves.

United Workers

Get some building supplies (blocks, rocks, or sand) and take turns doing something to build a structure. Respect each other's contributions and notice how working together creates something different than you would have made on your own and that you literally build on each other's ideas. Often working with others allows us to create new and exciting things!

Unity

A United Family

Draw a picture of your family together and write on the page “Our family enjoys living, working, and playing together.” Talk about what this statement could mean in your home throughout the week as you engage in various activities.

Unity in Nature

Go on a walk outside to find plants of various varieties, flowers of many colors, or different species of birds. Different things can live together in unity. Even though we may be different than others, we can still be united.

Different Faces

If you look at the people in your community, you will see everyone looks different. Eyes, noses, skin color, even clothes make people unique. Everyone is beautiful in their own way and together we are like a garden of many different flowers. Draw unity in diversity.

No Hands

This activity is done in pairs, and if it is done at home with one child, the parent should join in. Have the children move around the room in pairs to music while balancing a ball (or beanbag or cushion) between them without using their hands. They can do this by using different parts of the body, such as elbows, knees, backs, heads, and feet. The team needs to move and work in unity. The parent or teacher helps the children realize that by working together in unity they can achieve things that they could not do alone.