

Helpfulness

Inside the Helping House

Pretend you are handy helpers inside your house and visit each room, finding new ways to help. Do a few jobs you have been meaning to do like put things into storage or fill a box with objects to donate.

Helpful Neighbor

Ask the children to choose a way to help a neighbor that is relevant to their needs. Tell them they may want to use their courage to ask if they need help with anything.

A Helpful Role Play

Role play carrying a bag of food, a box of toys, or a stack of books and help each other.

Helping with the Laundry

Explain to the children the steps for how you sort the laundry, prepare the washing machine, get the clothes dried, and then put them away again. Give them a few special ways they can help each time you do the laundry.

Working Together to Be Helpful

Dump out a pile of objects and have the children put them away alone. Then dump the pile of objects on the floor again but this time, have all the children put them away together, or help them yourself. Explain how it's easier to get jobs done when you are working together, and that when you ask for their helpfulness, it will make jobs easier.

Who Has Helped Us

Ask the children to illustrate a picture of people outside of their family or classroom helping them (such as a, grocer, doctor, neighbor, or grandparent). Give them language they can use to ask for help and express their gratitude for this help ("Would you help me please?" and "Thank you").

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Making Helpful Hands

Trace the children's hands and cut out the shapes to glue on another sheet of paper. Then cut out hearts and place them on the hands, to show how if we help we are sharing our love with others.

We Can Be Helpful Every Day

Help the children learn a new skill such as how to carry their empty plate to the sink after finishing a meal, put their dirty laundry in the hamper, make their bed, or wash their body in the bath. Help them establish this new skill into their daily routine and encourage their efforts.

Helpful Friends

Give the children a small light book that they must balance on their head. While balancing they must carefully walk across the room without using their hands. If the child's book drops, they must freeze in place. Other children come to help and try to pick up the child's book without dropping their own. The game continues until all have made it across the room. If playing at home with fewer children, the parent can join in.